

Identification of the Most Common Dust Fungi at Universiti Pendidikan Sultan Idris, Malaysia

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Abstract: Fungi are eukaryotic organisms that live as saprophytes, parasites or symbionts in their plant or animal hosts. Despite extensive research on the involvement of fungal allergens in the pathophysiology of allergic diseases, studies on fungi as a prominent source of allergens are still lacking in basic research and clinical practice. Hence, this study was conducted to identify ten common airborne fungal species as a preliminary work prior to conducting a sensitisation study on common fungal allergens. Fifty-four dust samples were collected from offices, laboratories lecturers' rooms that are situated within three blocks of the Sultan Azlan Shah Campus, UPSI, Tanjong Malim, Perak, Malaysia by using a vacuum cleaner. The sieved dust was cultured with potato dextrose agar media, incubated at room temperature to propagate pure cultures and sent to the Malaysian Agricultural Research and Development Institute for identification via polymerase chain reaction. The most common species found in the premises were *Penicillium simplicissimum* (94%), *Aspergillus aculeatus* (85%), *Rhodosporidiobolus ruineniae* (74%), *Ceriporia lacerata* (92%), *A. calidustus* (57%), *Syncephalastrum* sp. (62%), *Aspergillus* sp. (72%), *A. fumigatus* (77%), *Fusarium* sp. (77%) and *P. canescens* (83%). A number of species identified in this study do not trigger fungal allergies. Therefore, further studies must be conducted to confirm their potential as fungi allergens. Due to high frequency of *Penicillium* and *Aspergillus*, The three-block research area in this study could be categorised as sick building and mycoremediation was recommended to minimise mould growth.

Keywords: Fungi Allergy, Fungi Identification, Sick Building, Universiti Pendidikan Sultan Idris.

Introduction

Indoor air is made up of many airborne particles, including mould, bacteria allergens and dust. In a typical indoor environment, such as home, school and workplace, the particle level is generally influenced by the occupants' activities, internal maintenance practices, quality of interior maintenance and external air brought into the facility through the ventilation system [1], spend 90% of our lives indoors, and the quality of indoor air we breathe is critical to human health and well-being [2]. Similar to other chemical and particulate pollutants, microorganisms can also impact indoor air quality. Airborne microorganisms, which are allergens or pathogens, are of primary concern. Bacteria, fungi and viruses are ubiquitous in indoor air with concentrations that typically exceed 100,000 cells or viral particles per cubic meter of air [3]. The majority of fungi cannot be identified by only using standard techniques [4], and researchers have begun using molecular methods recently to perform comprehensive assessments of the amounts and types of bacteria and fungi found in indoor air [5]. To avoid the problems of culture dependency and being too time-consuming, molecular tools are increasingly being used to detect indoor airborne mould.

Building-related factors, such as ventilation, relative humidity, temperature and occupants can

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influence the diversity and composition of microbes found indoors [6]. Although fungi found indoors are primarily influenced by the type of fungi found outdoors [7], the occupants of a given building can have significant effect on the types of fungi found indoors. The presence of airborne fungi allergen at work sites was significantly associated with poor ventilation systems and this was, in turn, associated with low efficiency of filters. At Universiti Pendidikan Sultan Idris (UPSI), the ducts of the central cooling system are loaded with fungal growth (Figure 1a), which is likely causes allergies. Such ducts are rarely cleaned, and the accumulated fungal and other growth can be substantial in buildings, such as Blocks 1, 2 and 3 at UPSI, which are more than nine years of age. The occupants with allergies may be suffering due to exposure to fungal spores or dust mites in their office, lecture hall, tutorial room or laboratories, where they stay for at least 40 hours weekly. A high concentration of fungal material was observed outside the old buildings and may aggravate allergies in people working in such buildings (Figure 1b).

Fungi grow within the premises of UPSi (Figures 1a and 1b). Therefore, this study aims identify the common fungi within the research area or further allergy study.



Figure 1a: Fungi growth in the duct indoor

Figure 1b: Fungi growth in the outdoor

Several studies have reported that exposure to airborne fungi is linked with different health problems [8]. Approximately 1 million to 1.5 million fungal species exist worldwide. However, only 80,000 have been described thus far. Amongst these, 112 genera are allergen sources. The four genera most commonly associated with the development of allergies are *Alternaria*, *Cladosporium*, *Penicillium* and *Aspergillus*. Such genera belong to the phylum Ascomycota, but allergens have also been described from Basidiomycota and Zygomycota, which cause allergies in approximately (2–6 %) of the general population in developed countries [9], [10]. Overall, 107 allergens from 28 fungal genera have been confirmed by the International Allergen Nomenclature Subcommittee [11]. Many fungal proteins are immunoglobulin E-reactive.

Amongst the indoor fungi, certain types may be pathogenic and can secrete toxic metabolites, which cause allergies and serious diseases.

After entering from the outdoor environment, fungi increase in the indoor environment under optimal conditions and can cause health problems not only to those having insusceptible deficiency but also to healthy people.

The main factors that contribute to the growth and development of both pathogenic and nonpathogenic fungi are heat, stickiness and disinfection conditions in the different areas of the habitat. The optimal conditions that fungi need are dampness, i.e., from water that escapes from the roof and pipes, and increased moisture or wetness.

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Material and Methods

Study Location

The study was conducted in the buildings in Blocks 1, 2 and 3 of the Faculty of Science and Mathematics, Sultan Azlan Shah Campus, UPSI (English: Sultan Idris Education University). UPSI is a public university in the town of Tanjong Malim in Perak, Malaysia. Its coordinates are 3°43'19.5"N 101°31'24.1"E. This campus was built in an 800-acre (3.2 km²) site in the new township of Proton City.



Figure 2: An aerial view of Universiti Pendidikan Sultan Idris
Sample Processing and Analysis

A total of 54 rooms located in the three blocks were used. People that stay in these rooms approximately 6–7 hours daily and 5 days weekly were randomly selected from offices, laboratories and lecturers rooms. Such rooms had a mechanical ventilation system, openable windows and vertical blinds. The buildings were first occupied in 2011. To date, the buildings are aged more than 9 years. From general observation, eight lecturers' rooms had visible indoor mould growth on the wooden furniture. In addition, the external wall along the corridor to offices and laboratories also contained mould. The occupants of the rooms in Blocks 1, 2 and 3 were informed about the dust vacuuming by circulating a letter to everyone on the notice board a few days before sampling.

The dust samples were collected between August and September 2017 by using a handheld vacuum cleaner (vo. Temm two-way power, 650 W China), which was operated for 5–10 min. The dust was collected from the floors, carpets, chairs, corners, computers and furniture inside the room. The vacuum filter cab was decontaminated with a 95% ethanol wipe between each room sampling and allowed to dry. All dust samples were placed in a plastic bag with a zipper; the dust was passed through a 400 μ m sieve in the laboratory and kept at 20 °C [12]. The dust samples were then cultured on PDA media. The 10 most common species were identified via molecular methods with polymerase chain reaction (PCR), which was carried out by the Malaysian Agricultural Research and Development Institute.

The indoor relative humidity and temperature were measured by using a hygrometer (Extech EA20, Taiwan), and the daily data of air temperature, humidity and rainfall of this area from July until September 2017 were obtained from the regional meteorological station situated at FELDA Sungai Behrang.

Characterisation and examination of typical fungal distributions can be helpful in identifying the associations between domestic fungal characteristics and clinical diagnoses and preventing seasonal allergic diseases in a particular region [13]. The high prevalence of both *Penicillium* (94%–83%) and *Aspergillus* (87%–57%) in the UPSI samples colonised in the indoor materials; such fungi were isolated from a wide variety of environments (faculty offices and teaching, learning and research laboratories). Savill and Fadok [14] stated that if *Penicillium* and/or *Aspergillus* are dominant in indoor dust or aerosol, then the environment supports the indoor growth of fungi. In this study, four species of genera *Aspergillus* were identified. Amongst them, *A. fumigatus* and *A. niger* were isolated and reported as the primary agents of invasive aspergillosis [15]. *Syncephalastrum* sp. was also isolated and reported as a disease-causing agent [16], [17]. Although genera *Penicillium* was isolated and highly prevalent in this study, *P. simplicissimum* and *P. canescens* were not proven to be allergenic fungi by the IUIS Allergen Nomenclature Subcommittee.

The indoor relative humidity and temperature were measured by using a hygrometer (Extech EA20, Taiwan) and the daily data of air temperature, humidity and rainfall of this area from July until September 2017 were obtained from the regional meteorological station situated at FELDA Sungai Behrang.

RESULTS

The Fungi Identification

Ten most common species were identified by molecular methods using polymerase chain reaction (PCR) carried out by the Malaysian Agricultural Research and Development Institute (Figure 3-12).

Sequence =
 CCAACCTCCCACCGTGTATCGTACCTTGTGCTTCGGCGGGCCCGCTCACG
 GCCGCCGGGGGCATCCGCTCCCGGGCCCGCGCCCGCCGAGACACCAATGAAC
 TCTGTCTGAAGATTGCAGTCTGAGCAGATTAGCTAAATCAGTTAAACTTTCAC
 AACGGATCTCTTGGTTCGGCATCGATGAAGAACGCAGCGAAATGCGATACGTA
 ATGTGAATTGCAAGAATTCAGTGAATCATCGAGTCTTTGAACGCACATTGCGCCCC
 CTGGTATTCCGGGGGGCATGCTGTCCGAGCGTCAATTGCTGCCCTCAAGCACGGC
 TTGTGTGTTGGGCTCCGCCCCCGGCTCCCGGGGGCGGGCCCGAAAGGCAGCG
 GCGGCACCGCTCCGCTCCGAGCGTATGGGGCTTCGTCACCCGCTCTGTAGGC
 CCGGCCGCGCCCGCGGCGACCCAATCAATCTATCCAGGTTGACCTCGGATCA
 GGTAGGGATACCCGCTGAACCTTAAGCA

Figure 3: DNA sequence of *Penicillium simplicissimum*

Sequence =
 CCGTGCTTACCGTACCCTGTTGCTTCGGCGGGCCCGCTTCGGCGGGCCCGGGG
 CTGCCCGGGGACCGCGCCCGCGGAGACCCCAATGGAACACTGTCTGAAGCG
 TGCACTCTGAGTCGATTGATACCAATCAGTCAAACTTCAACAATGGATCTCTT
 GGTTCGGCATCGATGAAGAACGCAGCGAAATGCGATAACTAATGTGAATTGCA
 GAATTCAGTGAATCATCGAGTCTTTGAACGCACATTGCGCCCCCTGGTATTCCGG
 GGGCATGCCTGTCCGAGCGTCAATTTCTCCCTCCAGCCCCGCTGGTGTGGGG
 CGCGCCCCCGGGGGCGGGCTCGAGAGAAACGGCGGCACCGTCCGGTCTCTCG
 AGCGTATGGGGCTCTGTACCCGCTCTATGGGCGGACCGGGGCTCGCTCGACC
 CCAATCTTCTCAGATTGACCTCGGATCAGGTAGGGATA

Figure 4: DNA sequence of *Aspergillus aculeatus*

Sequence =
 GTCCGAACCTCTACTTTCTAACCTGTGCATTTGTTTGGCTAGTAGGATGCTTGC
 GTCCGAACACCTCTTCAATTTACAACACAAAGTCTATGAATGTTAATTTTATA
 CAAACAAAACCTTTCAACAACGGATCTCTTGGCTCTCGCATCGATGAAGAACGC
 AGCGAAATGTGATAAGTAATGTGAATTGCAGAATTCAGTGAATCATCGAATCTT
 GAACGCATCTTGCACTCCTTGGTATTCCGAGGAGTATGCCTGTTGAGTGTGATG
 AATTTTCAACCTCTCTTTCTTGTGATTAGAGAAGAGCTTGGATTCTGAGTGT
 TGCTCTTACCCGAGCTATTCGTAATACATTAGCATCCATATTCGAACCTTCGGA
 TTGACTTGGCGTAATAGACTATTGCTGAGGAATCTAATTCGGTTAGAGCCGGG
 TTTGAACAGGAAGCTCCTAATCTAGCTTAGTCTACTTTTAGATTAGATCTCAAT

Figure 5: DNA sequence of *Rhodospiridiobolus ruineniae*

Sequence =
 AGCTGGCCTTTAACGAGGTATGTGCACGCTGGCTCATCCACTCTCAACCTCTGT
 GCACCTTTATGTAAGAAACGGTGTAAAGCCAGCTATTTAATAGTCGGTAATAAGCCT
 TTCTTATGTTTACTACAAACGCTTCAGTTATAGAATGTTTACTGTGTATAACACAA
 TTATATACAACCTTTCAGCAACGGATCTCTTGGCTCTCGCATCGATGAAGAACGCA
 GCGAAATGCGATAAGTAATGTGAATTGCAGAATTCAGTGAATCATCGAATCTTTG
 AACGCACCTTGCATCTCTTGGTATTCCGAGGAGTATGCCTGTTTGAAGTCTCATGG
 AATTTCTCAACCCCTAAATTTGTATGAAGTTTAGTGGGCTTGGACTTGGAGGTT
 GTGTCCGCTTCTAGTCGACTCCTCTGAAATGTATTAGCGTGAATCTACGGATCG
 CCTTCAGTGTGATAATTATCTGCGCTGTGGTGTGAAGTATTTATTAGTTCATGCT
 TATAGTCGTCTCTTACCGAGACAATTTATGACAATCTGAGCTCAAATCAGGTAGG
 ACTACCCGCTGAACCTAAGCATATCAATAAGCGGGAGG

Figure 6: DNA sequence of *Ceriporia lacerata*

Sequence =
 AGGCCTAACCTCCCACCGTGAATACCTGACCAACGTTGCTTCGGCGGTGCGCCC
 CCCCCCGGGGGTACCCCGGGAAACCCCCCAACCCCGGTTTATAGGGTT
 TTCTGACTTTGATACCAACCTTTTAAATTTTCAAAAGGGTCTTTGGTTTCCG
 GCTTCAATAAAAACCCACCAAACTGCAAAAATTAATGGAATTCGAAAATTCAT
 TGAATCTTCAATTTTAAACCCCTTTGCCCGGGGGCTTTCCGGGGGGAAT
 GCCTGCCCAAGCGCTTTGCTCCCTTAAACCCCGGTTTGGGGGTGGGGCCCCC
 CCCCCCGGGGACGGGCCAAAAGGAAGGGGCGGCCCGCCCGCCGCCCCCA
 AGGGAAGGGGTTTTCCTCCCGGCAATTAGGGCGGGCGGGCCCCACCCGCG
 TTTCCTCAACCTTTTTCCTACCGGTTAACCTCGAATCAGGGGGGAACCCCTT
 AACTT

Figure 7: DNA sequence of *Aspergillus calidustus*

Sequence =
 GAGGAAGAATTGGTATTACCCAGTCTATTGCAACGATTCCTGGGTAAACAAAG
 AATGGATTTTCAATTAACAAATTTTAAATACCAATTGATCTTAATGTAAT
 GAGTATAAAAAAAGAAAGGCTCCCAATTGAGACTTTGGACTTTTAA
 CAACCTTAAGCAATGGATCTCTTGGCTCTCCACCGATGAAAAGCGTACCAAT
 GCGATAATTAGTGCATCTGCATCTGCGAATCATCAAGTCTTGAACGCACCTT
 GCACCTTTGGGTGGTCTTGGGGGATGCTTGTTCAGTCCAATATAACCCCT
 AAATGACATTTTATTGAAATGTCCATTGGGATTGGGAGGGCAAGGGAAAC
 CTCTCTCTGAAAATGAGTCCCTAGGATTAACAAATGAGGGTTTCTTTT
 TTTTCCAGCAATTTTATTATTAACAAATGCTGTGGAAAAA

Figure 8: DNA sequence of *Syncephalastrum* sp

Sequence =
 AGCGAGCCACCTCCCACCGTGTACTGTACCTAGTTGCTTCGGCGGGCCCG
 CCATTCTATGGCGCGGGGGCTCTCAGCCCCGGCCCGCGCCCGGAGACAC
 CACGAATCTGTGATCTAGTGAAGTCTGAGTTGATTGATCGCAATCAGTTAA
 AACTTCAACAATGGATCTCTTGGTTCGGCATCGATGAAGAACGCAGCGAAAT
 GCGATAACTAGTGTGAATTGCAGAATTCGTGAATCATCGAGTCTTTGAACGCAC
 ATTGCGCCCCCTGGTATTCCGGGGGATGCTGTCCGAGCGTCAATGCTGCCCA
 TCAAGCACGGCTTGTGTGGGTGCTGCTCCCTCTCCGGGGGACGGGGCCC
 AAAGGCAGCGCGGCACCGCTCCGATCTCGAGCGTATGGGGCTTGTACCC
 GCTGTGAGGCCGCGCGGCTGCGGAACGCAAAATCAATCTTTTCCAGGTTG
 ACCTCGGATCAGGTAGGGA

Figure 9: DNA sequence of *Aspergillus* sp

Sequence =
TCCACCTCCACCCGTTCTATCGTACCTTGTGCTTCGGCGGGCCCGCGTTTCG
ACGCCCGCGGGGAGGCCCTTGCGCCCGGGCCCGCGCCCGGAAGACCCCAA
CATGAACGCTGTCTGAAAGTATGCAGTCTGAGTTGATTATCGTAATCAGTTAAA
ACTTTCAACAACGGATCTCTTGGTTCCGGCATCGATGAAGAACGACGCGAAATG
CGATAAGTAATGTGAATTCAGAAATTCAGTGAATCATCGAGTCTTTGAACGCACA
TTGCCGCCCTGGTATTCCGGGGGGCATGCCTGTCCGAGCGTCATTGCTGCCCTC
AAGCAGCGCTTGTGTGTGGGCCCCCTCCCTCTCCCGGGGACGGGCCCGAA
AGGCAGCGCGGCACCGCGTCCGTCCTCGAGCGTATGGGGCTTGTACCTTGCT
CTGTAGGCCCGCGGCCAGCCGACCCCAACTTTATTTTCTAAGGTTGACC
TCGGATCAGGTAGGGATACCCGCTGAACCTAAGCATATCAATA

Figure 10: DNA sequence of *Aspergillus fumigatus*

Sequence =
GACATACCTATACGTTGCCTCGGCGGATCAGCCCGCGCCCGTAAACGGGACG
GCCGCCCGGAGGACCCCTAACTCTGTTTTAGTGGAACTTCTGAGTAAACAAA
CAAATAAATCAAACTTTCAACAACGGATCTCTTGGTTCTGGCATCGATGAAGAA
CGCAGCAAAATGCGATAAGTAATGTGAATTCAGTGAATCATCGAAT
CTTTGAACGCACATTCGCCCGCCGAGTATTCTGGCGGGCATGCCTGTTCGAGCGT
CATTCAACCTCAAGCTCAGCTTGGTGTGGGACTCGCGGTAAACCGGTTTCC
CAAAATCGATTGGCGGTACGTCGAGCTTCCATAGCGTAGTAATCATACACCTCGT
TACTGGTAATCGTCGCGGCCACGCGTAAACCCCAACTTCTGAATGTTGACCTC
GGATCAGGTAGGAA

Figure 11: DNA sequence of *Fusarium* sp

Sequence =
CCTCCACCCGTGTCTCTCTACCTGTTGCTTTGGCGGGCCACCGGGGCCACCC
GGTCGCCCGGGGACGTCGTCGCCCGGGCCCGCGCCCGCAAGCGCTCTGTGAAC
CCTGATGAAGATGGGCTGTCTGAGTCGAATGAAATTTGTCAAACCTTTCAACAAT
GGATCTCTTGGTTCCGGCATCGATGAAGAACGACGCGAAATGCGATAAGTAATG
TGAATTGCAGAAATCCGTGAATCATCGAATCTTTGAACGCACATTGCGCCCCCTG
GCATTCCGGGGGCATGCCTGTCCGAGCGTCATTCTGCCCTCAAGCCCGGCTTG
TGTGTTGGGCGTGGTCCCCCGGGGACCTGCCCGAAAGGCAGCGGCGACGTCGG
TCTGGTCTCGAGCGTATGGGGCTCTGTCACTCGCTCGGACGGATCGGCGGAGG
TTGGTCACCACACAGTTTACCAGGTTGACCTCGGATCAGGTAGGAGTTACCC
GCTGAACCTAAGCATATCAATA

Figure 12: DNA sequence of *Penicillium canescens*

The species were identified as *Penicillium simplicissimum*, *Aspergillus aculeatus*, *Rhodosporidiobolus ruineniae*, *Ceriporia lacerata*, *Aspergillus caliodustus*, *Syncephalastrum* sp., *Aspergillus* sp., *Aspergillus fumigatus*, *Fusarium* sp. and *Penicillium canescens*. Six genera were identified that made up the ten species. *Aspergillus* gave rise to four species, namely *Asp. aculeatus*, *Asp. caliodustus*, *Asp. fumigatus*, and one unidentified *Aspergillus* sp., followed by *Penicillium* genus with *P. simplicissimum* and *P. canescens*. Remaining genera were *Rhodosporidiobolus* (*R. ruineniae*), *Ceriporia* (*C. lacerata*), *Syncephalastrum*, and *Fusarium* (both were not identified to specific taxa).

The Fungi Prevalence

Ten different species of fungi were detected and their frequency is between 51 (94%) to 31 (57%). *Penicillium simplicissimum* was found to be the most prevalent (94%) while *Aspergillus caliodustus* was the least (57%) as shown in Table 1.

Table 1: The occurrence of the most prevalent fungi sampled at UPSI

Genera	Species	Frequency	Percentage (%)	Rank
Penicillium	<i>P. simplicissimum</i>	51	94	1
Penicillium	<i>P. canescens</i>	45	83	4
Ceriporia	<i>C. lacerata</i>	50	92	2
Aspergillus	<i>Asp. aculeatus</i>	46	85	3
Aspergillus	<i>Asp. fumigatus</i>	42	77	5
Aspergillus	<i>Asp. sp.</i>	39	72	8
Aspergillus	<i>Asp. caliodustus</i>	31	57	10
Fusarium	<i>Fusarium</i> sp.	42	77	6
Rhodosporidiobolus	<i>R. ruineniae</i>	40	74	7
Syncephalastrum	<i>Syncephalastrum</i> sp.	34	62	9

Figure 13 displays the six genera with *Penicillium* was the most prevailed ranged between (94-83%), followed by *Ceriporia* (92%), *Aspergillus* (85-57%), *Fusarium* (77%), *Rhodosporidiobolus* (74%), and *Syncephalastrum* (62%).

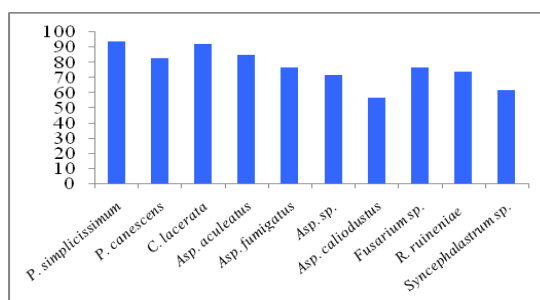


Figure 13: The prevalence of most common fungi genera at UPSI, Tanjong Malim, Perak

Temperature, Relative Humidity and Rainfall

The mean values of indoor temperature and relative humidity at Universiti Pendidikan Sultan Idris, Sultan Azlan Shah campus were at 24.8°C, 68% respectively, whereas the mean values of outdoor temperature (27.15°C), relative humidity (85.49%), and rainfall (6.80mm) recorded at the FELDA Sungai Behrang, Perak regional meteorological station.

DISCUSSION

The Fungi Identification

The ten identified species were mapped and included in the taxonomical tree as shown in Figure 14. *Rhodosporidiobolusruineniae*, *Ceriporialacerata* and *Syncephalastrum.sp* have not been reported as source of type 1 allergy with reference to the taxonomical tree provided by [13]WHO/IUIS Allergen Nomenclature Sub-Committee database 2019 (<http://www.allergen.org>). *Asp.aculeatus* and *Asp.caliodustus* were also not reported within *Aspergillus* genera causing allergy with exemption to *Asp.fumigatus*. Identification of the other *Aspergillus* species was unsuccessful.

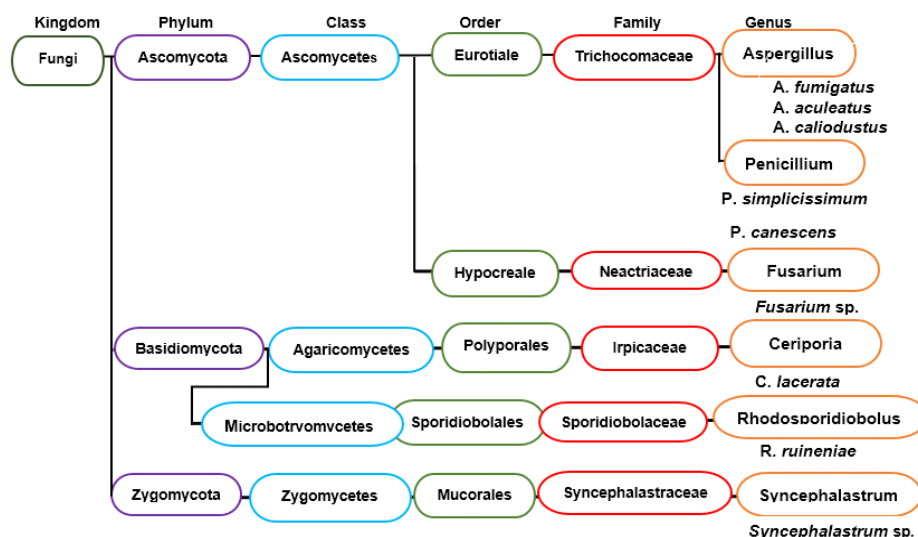


Figure 14: The taxonomical tree for fungal species identified at Universiti Pendidikan Sultan Idris. Study of characterization and examination of typical fungal distributions can be helpful in identifying associations between domestic fungal characteristics and clinical diagnosis and in the prevention of seasonal allergic diseases in a particular region [13] (Wu et al. 2000). The highly prevalent of both *Penicillium* (94-83%) and *Aspergillus* (87-57%) sampled at UPSI which colonized indoor materials has been isolated from a wide variety of environments (faculty offices, teaching and learning laboratories, research laboratories). According to Savill and Fadok [14] if *Penicillium* and/or *Aspergillus* are dominant in the indoor dust or aerosol, the environment is usually considered to be supporting indoor growth. In this study four species from genera *Aspergillus* were identified. Among them, *Asp. fumigatus* was isolated and reported as the primary effective agents of invasive Aspergillosis along with *Asp. niger*, [15]. *Syncephalastrum* sp. was also isolated and reported causing disease agent [16], [17]. Although genera *Penicillium* was isolated and highly prevalent in this study, both *P. simplicissimum* and *P. canescens* are not approved as allergenic fungi by IUIS Allergen Nomenclature Sub-committee.

Relationship of Relative Humidity and Temperature to Fungi Prevalence

The EPA recommends that the relative humidity levels in homes remain below 60%, ideally between 30% and 50%, to prevent mould growth [6]. The recommended values were relatively lower than our data from the regional meteorological station located at FELDA Sungai Behrang with mean indoor and outdoor values of 68% and 85.49%, respectively. The high average monthly rainfall of 680 mm in this area was higher than the Malaysian average of 400 mm. Thus, average monthly rainfall was an added factor to the abundance of fungi at UPSI.

The UPSI indoor temperature (24.8 °C) was lower than that of the outdoor temperature (27.15°C). Both were relatively low compared with the average temperature in Malaysia (32 °C to 33°C). A similar scenario was observed in Hulu Langat, which is one of the largest districts in Selangor, Malaysia.

A study conducted in this area revealed that the frequently isolated genera in selected primary school buildings during the study period were *Aspergillus*, *Penicillium*, *Fusarium* and *Rhizopus* [18]. *Aspergillus* spp., *Penicillium* spp. and *Fusarium* spp. were also isolated from the premises of Universiti Sains Malaysia, which was declared as a 'sick building' in 2012 [19]. Therefore, the three blocks in this study could be categorised as 'sick buildings'.

In another study, *P. simplicissimum*, which also had high frequency in this study, and *Aspergillus* spp. were isolated and identified as having the highest growth and were the most effective for mycoremediation of spent engine oil in Peninsular, Malaysia [20]. In summary, the high occurrence of *Aspergillus* spp. at UPSI university campus buildings indicated fungal contamination in these buildings. *A. niger*, *A. flavus* and *A. fumigatus* spores have a direct correlation with the incidence of Aspergillosis amongst immunosuppressed patients; and such spores have been associated with human allergies [19].

The diversity and abundance of fungi are influenced strongly by the microclimate [21]. Outdoor air is an important source of indoor fungi. Their results showed that outdoor and indoor culturable fungi were highly correlated with location, building construction and maintenance, ventilation, moisture control, surface materials, the occupants themselves and their activities and lifestyles. Other factors include current and historical use of the building and fungal particles that may be transported by humans on their clothes, skin, hair and shoes when they come inside from outside [22]. These factors then contribute to the growth performance of individual species. Exposure to these fungi may eventually increase the risk of developing fungal allergies.

Subsequently, further allergy tests will be performed to assess the prevalence of fungus allergies amongst the occupants. To date, the results of the study recommend remediation to prevent indoor and outdoor mould growth at UPIS.

Conclusion

In this study, ten species from six genera were identified. Five of these species have not been reported as sources of allergens, as confirmed by the IUIS Allergen Nomenclature Subcommittee. Fungi are abundant in the premises with an average temperature of 24.8 °C and relative humidity of 68%. The buildings at Blocks 1, 2 and 3 at UPSI could be categorised as 'sick buildings'. This study showed that further allergy tests must be performed to assess the fungal diversity and the prevalence of fungus allergies amongst the occupants.

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